

THE CORNERSTONE FOUNDATION

"...the stone which the builders rejected has become the cornerstone;" Mt. 21:42

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Individual or Group Leader Form & Information

Individual or Team Leader: _____ Email/phone: _____
Emergency Contact(s) _____ Phone / and or email _____

Group Name (if applicable): _____

Home state _____

Missionary Sponsor in Honduras: _____

Date/ Arrival Time in La Ceiba _____

Airline/ Flight number: _____

Date/ Departure Time from La Ceiba _____

Airline/ Flight number _____

#Males: _____

#Females: _____

#Adults: _____

#Minors (those under 18): _____

#People under 21 (remember, you must have 1 adult age 30+ for every 3 people under age 21) _____

Skills of team members (doctors, dentists, RN's, construction (general), specific skills: (e.g. electrician, plumber, finish carpenter etc.):

Would your team like to spend the night in La Ceiba the night before your departure (circle: yes or no)?

For: Group Leader to inform all Visitors

As you consider coming to Hospital Loma de Luz, please be aware that people with medical problems should weigh the risks and benefits. At present, we are not able to care for advanced emergencies. In addition, the Honduran hospital system does not provide care equivalent to that available in the US or Canada. Our cultural/work environment is at times hazardous, very hot, and dirty, contaminated with animal feces, making even small scratches a risk for infection. Therefore, you need to be aware that there may be a health risk in visiting Honduras.

Those who should particularly weigh the risks and benefits are: (1) Pregnant women (2) Persons taking medications that alter immune response, or ability to fight infection. Such medications include cortisone, prednisone, methotrexate, and azothioprine. (3) Persons with heart disease such as angina, lung disease such as asthma, brittle diabetes, or other chronic diseases, as well as those taking blood thinners like coumadin or heparin. Please consult your personal doctor about all health conditions.

We are in a malaria area and recommend malaria prophylaxis. Please obtain this from your personal doctor. Also ask him for a prescription for traveler's diarrhea to carry with you. If you are taking medicine to reduce your acid level, your doctor may want you to take a prophylactic diarrhea medicine.

Bring sufficient medicine in your carry-on bag and some extra. At times visitors have been stranded in Balfate for prolonged periods due to heavy rains with flooding.

If you have any questions, please contact the Cornerstone office (Contact information is above).